



# **WATER SAFETY**

## **A MULTI-LAYERED APPROACH**

**Prior to the fun, it is crucial to armor your family with layers of protection in and around the water.**

### **1. CONSTANT, UNINTERRUPTED SUPERVISION**

The most critical line of defense is adult supervision. Assign "water watchers" in shifts, who will have eyes on the pool at all times. If a child is ever missing, look in ALL places with water first.

### **2. POOL FENCES**

Not just a fenced-in yard, but a fence around the pool itself with a self-locking gate.

### **3. ALARMS AND LOCKS**

Ensure doors leading to the pool are locked and install alarms that alert you when opened.

### **4. SKILL YOUR CHILD**

The last layer of protection, after all others fail, is your child knowing how to self-rescue. ISR survival swim lessons provide children with an added layer in which they can rely on themselves if they reach water alone.

### **5. LEARN CPR**

Be prepared for an unexpected emergency. This can hugely impact the outcome of an almost fatal drowning while waiting for EMS to arrive.

**Discuss these steps with your family today to proactively establish aquatic safety measures!**